

The Tenth Annual
Old Dominion Feis
and
Virginia State Championships



Langley High School
6520 Georgetown Pike
McLean, VA 22101

Presented by:
The Maple Academy of Irish Dance

Sunday, June 19, 2011 8:30 AM
Music, Art, Vocals, and Baking
10:00am – 12:00 noon

Adjudicators

*Maureen Armstong, FL Maureen Baake, MD, Terry Gillan, CT, Iris Gray, PA, Kerry Kelly-Oster, NY,
Philip Owens, CT, Laura O'Sullivan, FL, Myra Watters, FL*

Syllabus approved by Maureen Armstrong ADCRG on behalf of IDTANA Southern Region,
Approval Date: April 26, 2011

LIMITED TO FIRST 800 PAID ENTRIES ALL ENTRIES MUST BE SUBMITTED THROUGH WWW.EFEIS.COM
ENTRIES MUST BE COMPLETED BY June 1st LATE ENTRIES MUST BE COMPLETED BY JUNE 7th NO CHANGES AFTER JUNE 7, 2011
NO VIDEOTAPING OR PHOTOGRAPHY OF ANY COMPETITION PERMITTED

PRE-ADMISSION FEE:

All families will be subject to a one time pre-admission fee of \$16 at the time of registration. There will be no wrist bands sold on the day so please feel free to bring your friends and family to the feis, at no extra charge.

Approximate starting times will be posted on the website . www.mapleirishdance.com
Questions: email: mapleschoolfeis@gmail.com

Perpetual trophies will be awarded
Crystal will be awarded to Open Championship competitions

NORTH AMERICAN CHAMPIONSHIPS

Gerry Campbell Senior Belt - Celtic Fling Feis June 25, 2011

Robert Gabor Junior Trophy - Montreal Feis May 21, 2011

George Sweetnam Minor Trophy Feis at the Falls August 13, 2011

Music Scholarship Under 15 - Peach State Feis May 7, 2011

Music Scholarship Over 15 - West Virginia March 26-27, 2011

DANCING COMPETITION RULES

Adopted By The North American Feis Commission, 2010 EFFECTIVE JANUARY 1, 2011

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
3. A competitor may be disqualified for any of the following reasons: a) Conduct unbecoming a lady or gentleman. b) Failure to report on time to compete. (Penalty: disqualification from said event) c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc. Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions: a) Must compete in their own age group. b) Must be prepared to perform two steps in each event. c) Cannot change competition on the day of the Feis.
6. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, use of reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee of \$20 (Determined by the Feis).
13. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition. a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins. b) Dancers must compete in the preliminary championship competition in order to qualify for open championship c) The regional syllabus where the Feis is being held may have different qualifications for entry.
14. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.
15. Preliminary Championships are open to those who, at any NAFC recognized Feis: a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe. c) The regional syllabus where the Feis is being held may have different qualifications for entry.
16. Championships and Preliminary Championships require at least three adjudicators.
17. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
18. The status of the dancer does not change unless there are five or more dancers in a competition.
19. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.

20. **Beginner Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.
- Advanced Beginner Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.
- Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
- Open Grade (Prizewinner):** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
21. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
22. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
23. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group; however, a competitor may compete in only one age group.
24. In matters pertaining to adjudication, the decision of the adjudicators is final.
25. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
26. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
27. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction
28. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
29. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
30. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.
31. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
32. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. One third of the adjudicators are to be from outside the region where the Feis is being held.
33. Competitors in girl's competitions at the First Feis (if offered), Beginner and Advanced Beginner Grade will wear only the competitor's dancing School costume or a skirt and blouse.
34. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

Reminder: Use of flash, video, digital, or motion picture cameras during a dance competition is prohibited except for press use or explicit Feis Committee documentation. Any requests must be made in writing to feis committee.

An Coimisiún le Rincí Gaelacha Costume Rules

As of 1st September 2010

Following a review of the costume rules at its Annual General Meeting, held in May 2010, An Coimisiun le Rinci Gaelacha wishes to update and inform its registered members worldwide of the current rules. It is important that teachers, adjudicators, parents and dressmakers are aware of, and work within, the updated regulations. They are outlined hereunder, with the effective date written alongside.

1. Skirt length: All costumes, both for solo and team dancers, must be no shorter than mid-thigh, in the back of the leg. **Already in place.**
2. Necklines must be at collarbone level or above. This does not preclude the use of alternative fabrics, e.g. lace, as an inset. **Already in place.**
3. Costumes must consist of full front, side and back sections. Cut away styles, without a full skirt backing, are not acceptable. **Effective 1st January 2011.**
4. Appropriate underwear, covering the midriff, must be worn. Where tights are worn, they must be of a denier of not less than 70. **Effective immediately.**
5. Dance Drama costumes must be in keeping with the theme of the story portrayed. **Effective immediately.**
6. Competitors in all age groups, up to but excluding Meangrad (Intermediate in Ireland and in the United Kingdom, Novice in North America), may only wear traditional class-costumes or long/short sleeved blouses/polo tops and skirts/tunics which conform to the regular costume length rules as above. Low-cut tops and short, tight skirts are not permitted. **Effective 1st January 2011.**
7. All forms of dance school identification, be it by sign, shape, color-piece, logo, or symbol be banned from all solo costumes worn by any competitor in any competition. **Effective from 1st January 2011.**
8. Sleeves on **Solo Costumes** must start at the shoulder line and end at the cuff. **Already in place.**
9. The following rule was deleted from the Rule Book: Materials must be of an equivalent weight to that used in the more traditional costumes, i.e. dressvelvet, trevira, gabardine, wool-mix, etc.

It is important to note that An Coimisiun has never issued guidelines to adjudicators to penalize competitors by deducting marks, etc. for breaches of the costume regulations.

Monitoring: Currently, members of the Costume Committee are assigned to specific geographical areas and they are monitoring and noting breaches of the rules. Details are available from the Commission Office. It is hoped to develop and incorporate a "check-box" system into the adjudication sheets used at Feiseanna, to indicate non-compliance with these rules. In this way, the relevant teacher will be notified and asked to comply. More details will follow in due course. Your co-operation in this, as in all matters, is always appreciated.

Sean MacDonnchadha,
Cathaoirleach an Choimisiuin le Rinci Gaelacha.
Mean Fomhair/September 2010

2011 Old Dominion Feis and Virginia State Championships Additional Information:

Marks/Results will be provided free of charge by email only. Competitors must provide a valid email address at time of entry.

Register online at www.efeis.com

Fees payable by credit card (online) or by check. For mailed entries, make checks payable to "Old Dominion Feis" and send checks and entries to:

Old Dominion Feis
c/o Jim Shaw
2497 Patricia Ct.
Falls Church, VA 22043

Entries will close as soon as 800 paid entries are received

Questions please email mapleschoolfeis@gmail.com

Food Concession Stand Available – No Coolers – No Strollers

Paper entries and mailed checks for EFEIS Entries should be postmarked by 06/01/11 to avoid a late fee of \$20.00 per competitor. Late fees assessed due to late arrival of checks associated with eFEIS Entries will be collected at the feis prior to the release of the numbers. NO ENTRIES will be accepted AFTER 06/07/11. Checks received after 06/07/11 for EFEIS ENTRIES will not be accepted and the entry will not be processed.

No changes/additions/deletions will be accepted after 06/07/11. Change requests must be made via e-mail to mapleschoolfeis@gmail.com. NO changes will be accepted by phone. Changes CANNOT be made on e-feis after the closing date.

Fees: Solo Dances \$8.50 per event
Figure Dances \$8.50 per dancer per event
Music, Vocal & Art Competitions \$8.50 per competitor
Preliminary Championships \$35.00 per competitors
Open Championships \$40.00 per competitor
All families will be subject to a one time pre-admission fee of \$16 at the time of registration
Family maximum for dancing entries \$120.00

There will be absolutely no refunds